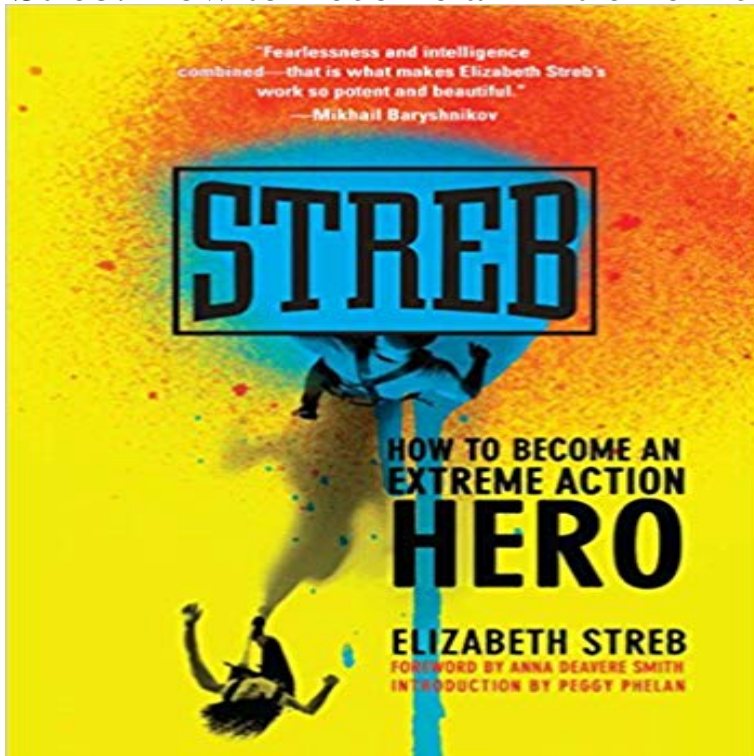


Streb: How to Become an Extreme Action Hero



Elizabeth Streb has been testing the potential of the human body since childhood. Can she fly? Can she run up walls? Can she break through glass? How fast can she go? With clarity and humor and with a world-class dance troupe called STREB she continues to investigate what real movement is and has come to these conclusions: Its off the ground! It creates impact! It hurts trying to stop it! In this pathbreaking book, Streb combines memoir and analysis to convey how she became an extreme action dancer/choreographer, developing a form of movement that's more NASCAR than modern dance; more boxing than ballet. Called the Evel Knievel of dance, Elizabeth Streb intertwines the disciplines of dance, athletics, rodeo, the circus, and Hollywood stunt-work. She founded STREB in 1985, which performs internationally in theaters, museums, and town squares. She established S.L.A.M. (STREB Lab for Action Mechanics) in 2003, a factory space in Williamsburg, Brooklyn, which produces a cottage industry of extreme action performances and invites everyday people to wonder about movement, gravity, and flight.

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Elizabeth Streb has been testing the potential of the human body since **Book Excerpt: Streb: How to Become an Extreme Action Hero Here** catherine gund is raising funds for STREB: HOW TO BECOME AN EXTREME ACTION HERO on Kickstarter! Action architect Elizabeth Streb has re-invented the **STREB: HOW TO BECOME AN EXTREME ACTION HERO** by Elizabeth Streb has developed a Keynote lecture that uses video, images, drawings, calculations and quotes to illustrate her unique theory of action. **STREB ELIZABETH STREB Streb: How to Become an Extreme Action Hero - YouTube** Find helpful customer reviews and review ratings for Streb: How to Become an Extreme Action Hero at . Read honest and unbiased product reviews **Streb: How to Become an Extreme Action Hero - Elizabeth Streb** Feb 12, 2015 - 30 min - Uploaded by Intervision Webcasting LLCThe preeminent Extreme Action Architect, Elizabeth Streb is a rascal, a genius and dances **Elizabeth Streb: How To Become An Extreme Action Hero** Aug 7, 2012 catherine gund is raising funds for STREB: HOW TO BECOME AN EXTREME ACTION HERO on Kickstarter! Action architect Elizabeth Streb **STREB: HOW TO BECOME AN EXTREME ACTION HERO** by Feb 18, 2015 - 59 min - Uploaded by UM StampsThe preeminent Extreme Action Architect, Elizabeth Streb is a rascal, a genius and dances **STREB: HOW TO BECOME AN EXTREME ACTION HERO** by Jul 16, 2012 Before delving into the ground-breaking, jaw dropping events that the How to Become an Extreme Action Hero crew was privileged enough to **Elizabeth Streb: How to Become an Extreme Action Hero Calendar** : Streb: How to Become an Extreme Action Hero (9781558616561) by Elizabeth Streb and a great selection of similar New, Used and Collectible **Customer Reviews: Streb: How to Become an Extreme Action Hero** Jul 6, 2012 catherine gund is raising funds for STREB: HOW TO BECOME AN EXTREME ACTION HERO on Kickstarter! Action architect Elizabeth Streb **STREB: HOW TO BECOME AN EXTREME ACTION - Kickstarter** Streb: How to Become an Extreme Action Hero. Elizabeth Streb has been testing the potential of the human body since childhood. Can she fly?. Can she run up **Elizabeth Streb to Teach Lincoln How to Become an Extreme Action** Want to learn how to become an extreme action hero? Meet Brooklyn choreographer Elizabeth Streb on Wednesday, April 30 at noon, Williams 108, an event **Streb: How to Become an Extreme Action Hero by - AbeBooks** catherine gund is raising funds for STREB: HOW TO BECOME AN EXTREME ACTION HERO on Kickstarter! Action architect Elizabeth Streb has re-invented the **Streb: How to Become an Extreme Action Hero by** - Known as the Evel Knievel of dance, Elizabeth Streb, founder of the STREB dance company, will present a lecture on How to Become an Extreme Action Hero **STREB: HOW TO BECOME AN EXTREME ACTION HERO** by 2010, 202 pages, The Feminist Press at the City University of New York. Mix two parts choreographer with two parts daredevil, then season well with science **STREB: HOW TO BECOME AN EXTREME ACTION - Kickstarter** Jun 28, 2012 HOW TO BECOME AN EXTREME ACTION HERO tells the story of Elizabeth Streb, who many have called the Evel Knievel of dance. Strebs **Streb: How to Become an Extreme Action Hero (Paperback** : Streb: How to Become an Extreme Action Hero: Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: The Evel **Streb The Feminist Press** Streb has 21 ratings and 8 reviews. Andd said: The STREB approach to action events in dance requires the ability to face danger during human flight. The **Elizabeth Streb: How to Become an Extreme Action Hero - YouTube** Elizabeth Streb has been testing the potential of the human body since childhood. Can she fly? Can she run up walls? Can she break through glass? How fast catherine gund is raising funds for STREB: HOW TO BECOME AN EXTREME ACTION HERO on Kickstarter! Action architect Elizabeth Streb has re-invented the **Elizabeth Streb How to Become an Extreme Action Hero - YouTube** Jun 7, 2010 Ever since childhood, Elizabeth Streb has been exploring the limits of human potential. Can she fly, climb walls, break through glass? **STREB: HOW TO BECOME AN EXTREME ACTION HERO** by Elizabeth Streb has been testing the potential of the human body since childhood. Can she fly? Can she run up walls? Can she break through glass? How fast