

# Lifes Healing Choices: Freedom from Your Hurts, Hang-ups, and Habits



Eight concrete, well-explained choices are the foundation for this life-changing program: 1. Admitting Need - The Reality Step2. Getting Help - The Hope Step3. Letting Go - The Commitment Step4. Coming Clean - The Housecleaning Step5. Making Changes - The Transformation Step6. Repairing Relationships - The Relationship Step7. Maintaining Momentum - The Maintenance Step8. Recycling Pain - The Sharing Step Promising freedom from lifes hurts, hang-ups, and habits, this life-changing program assures listeners that true happiness can be theirs, if they will chose it; for happiness truly is a choice. This promise of happiness is based on eight statements from the truest of all books - Gods Word - and from the most revered Teacher of all time, Jesus Christ. In the well-known and beloved Beatitudes, Jesus shares eight statements that reveal Gods pathway to wholeness, growth, spiritual maturity, and happiness. These eight statements are the basis for the eight tried-and-proved choices outlined in Lifes Healing Choices. Rather than wallowing in the past or focusing on painful memories, these eight choices provide listeners with an optimistic view to the future and real hope for lasting change. Emphasizing personal responsibility, listeners are taught how to face up to their poor choices and learn how to distinguish between what is in their control and what is not. They are then equipped to make new choices and take control where they can. Spiritual commitment is fostered and action steps are detailed. With an encouraging tone, step-by-step guides, and biblically based teaching, listeners will find real answers, real hope, and a real future - one choice at a time.

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Lifes Healing Choices: Freedom from Your Hurts, Hang-ups, and Habits **Lifes Healing Choices: Freedom from Your Hurts, Hang-ups, and Habits** Lifes Healing Choices offers freedom from our hurts, hang-ups, and habits through eight healing choices that promise true happiness and life transformation. **Lifes Healing Choices Small Group Study : Freedom from Your Hurts, Hang-ups, and Habits** (Audible Audio Edition): John Baker, Simon & Schuster Audio: Books. **Lifes Healing Choices Book by John Baker, Rick Warren Official** Aug 21, 2007 The Audiobook (CD) of the Lifes Healing Choices: Freedom from Your Hurts, Hang-Ups, and Habits by John Baker at Barnes & Noble. **John Baker -- Lifes Healing Choices -- Book Video - YouTube** Lifes Healing Choices offers freedom from our hurts, hang-ups, and habits t .. from others that will help you get through your hurts, hang ups and habits. **Lifes Healing Choices: Freedom from Your Hurts, Hang-ups, and Habits** Apr 2, 2013 The Paperback of the Lifes Healing Choices: Freedom from Your Hurts, Hang-ups, and Habits by John Baker at Barnes & Noble. **Lifes Healing Choices: Freedom from Your Hurts - Goodreads** Jan 6, 2013 Lifes Healing Choices: Freedom from Your Hurts, Hang-Ups, and Habits - With a foreword by Rick Warren, author of The Purpose Driven Life, **Lifes Healing Choices Revised and Updated: Freedom From Your Hurts, Hang-ups, and Habits** Bei erhältlich: Lifes Healing Choices: Freedom from Your Hurts, Hang-ups, and Habits - John Baker, Rick Warren - Simon & Schuster Audio - ISBN: **Lifes Healing Choices: Freedom from Your Hurts, Hang-ups, and Habits** Help your church members move forward in freedom! 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